

TODDLER PROGRAM (18 mos – 3 yrs)

Parents & Toddlers (18 mos – 3 yrs w/ caregiver)

Beginning at 18 months, children are taught to explore basic motor skills through movement, music, and props. This class incorporates Creative Movement Fundamentals in an age appropriate setting to help students learn how to be successful in a dance classroom. Students attend class with a caregiver, working together to develop and grow as movers!

Mon 9:45 am – 10:30 am

Fri 9:45 am – 10:30 am

Toddler Dancing (3 – 4 yrs)

This class integrates basic Ballet Vocabulary with Creative Dance Fundamentals in an age appropriate setting. The use of props and different music styles are used to encourage children to dance expressively. Toddler Dancing also helps to encourage healthy physical development through the practice of gross motor skills in an obstacle course. Children perform more challenging and complex movements while becoming comfortable with dancing on their own.

*A gentle separation process takes place in each Toddler Dancing class during the first 4-6 weeks of the session. During this time Caregivers are at first permitted to enter the classroom with their student and then slowly weaned out of the classroom. Please note that this process is individual to every child and may take an alternative time or method. Please contact the school coordinator with any questions regarding this process.

Mon 9:00 am – 9:45 am

Tues 9:45 am – 10:30 am

Thurs 9:00 am – 9:45 am

Fri 9:00 am – 9:45 am

Sat 9:00 am – 9:45 am

Sat 9:45 am – 10:30 am

YOUNG MOVERS PROGRAM (3 – 6 yrs)

Creative Movement (4 – 5 yrs)

Creative Movement integrates basic Ballet Vocabulary and Creative Dance Fundamentals in an age appropriate and engaging setting. The curriculum focuses on exploring the child's own creativity while increasing the complexity of the movement and building upon the vocabulary introduced in Toddler Dancing. The use of different sensory props and instruments is used to enhance the students understanding of the movement fundamentals.

This class is a separated class environment. If students are unable to separate after the initial classes then an individual plan will be formulated with the teacher and school coordinator.

Tues 9:00 am – 9:45 am
Wed 3:30 pm – 4:15 pm
Thurs 9:45 am – 10:30 am
Thurs 1:45 pm – 2:30 pm
Thurs 3:45 pm – 4:30 pm
Sat 10:30 am – 11:15 am

Creative Ballet (5 – 6 yrs)

Creative Ballet builds on the movement fundamentals introduced in prior classes and incorporates additional Ballet technique and vocabulary. Attention is given to awareness of posture and class etiquette as well as an introduction to working at the Ballet Barre. In this class, students continue to explore their own creativity, coordination and musicality.

This class is a separated class environment.

Mon 4:00 pm – 4:45 pm
Tues 3:45 pm – 4:30 pm
Wed 4:15 pm – 5:00 pm
Thurs 4:30 pm – 5:15 pm
Sat 10:00 am – 10:45 am

Ballet / Tap Combo (5 – 7 yrs)

This class introduces Tap Vocabulary & Rhythm Skills alongside a Creative Ballet Curriculum. The class is divided into 30 minutes of each style of dance with creative activities incorporated.

In Tap Technique students work on their body control and foot articulation to complete basic vocabulary and rhythm patterns. In Ballet, attention is given to awareness of posture and class etiquette as well as an introduction to working at the Ballet Barre. In this class, students continue to explore their own creativity, coordination and musicality through the study of two styles of dance.

Wed 5:00 pm – 6:00 pm
Fri 3:15 pm – 4:15 pm
Sat 11:15 am – 12:15 pm

PERICHILD PROGRAM (5 – 11 yrs)

PeriChild Ballet

Pre Ballet (6 – 8 yrs)

In Pre Ballet, students progress to an hour technique class consisting of barre, center and traveling movements. Students build on their prior Ballet vocabulary and also begin to learn proper placement and execution of movements. Focus is on proper Ballet technique, strength, flexibility and body alignment. Additional attention is given to musicality, movement quality and anatomically correct work. Students begin working in parallel foot positions and progress to rotated and turned out positions throughout the year.

Tues 4:30 pm – 5:30 pm
Wed 4:00 pm – 5:00 pm
Thurs 4:00 pm – 5:00 pm
Sat 9:00 am – 10:00 am

Ballet I (7 – 9 yrs)

In Ballet I students complete barre, center and traveling movements in an hour technique class. Students build on their prior Ballet vocabulary and begin working in the three basic directions of the body at the barre and center. Focus is on proper Ballet technique, strength, flexibility and body alignment. Additional attention is given to musicality, movement quality and anatomically correct work. Students must have a competent use of working in turned out positions to begin the year. Basic Ballet positions of the arms and feet are introduced.

It is highly encouraged that students complete Pre Ballet prior to enrolling in Ballet I.

Wed 4:00 pm – 5:00 pm
Thurs 5:00 pm – 6:00 pm
Sat 10:45 am – 11:45 am

Ballet II (8 – 10 yrs)

In Ballet II students complete barre, center and traveling movements in an hour technique class. Students build on their prior Ballet vocabulary and begin working in open and crossed turned out positions of the legs and feet. Focus is on proper Ballet technique, strength, flexibility and body alignment. Additional attention is given to musicality, movement quality and anatomically correct work. Emphasis is placed on the coordination of arm and leg movements together at the Barre and Center. Class vocabulary and combinations build in complexity.

It is required that students should have at least 1 year Ballet experience or have completed Ballet I before enrolling in this level.

Tues 3:45 pm – 4:45 pm
Fri 4:00 pm – 5:00 pm
Sat 11:00 am – 12:00 pm

Ballet II / III (8 – 11 yrs)

In Ballet II / III students complete barre, center and traveling movements in an hour technique class. The class begins with an introduction and review of the Ballet II vocabulary and then transitions towards introduction and inclusion of Ballet III concepts and technique. Focus is on proper Ballet technique, strength, flexibility and body alignment. Additional attention is given to musicality, movement quality and anatomically correct work. Emphasis is placed on the coordination of arm and leg movements together at the Barre and Center in increasing complexity. Students when ready begin to work one hand at the barre and introduce more allegro and traveling vocabulary.

It is required that students should have 1-2 years Ballet experience before enrolling in this level or have completed Ballet I or II with a teacher recommendation for current student placement.

Fri 5:00 pm – 6:00 pm

PERICHILD PROGRAM (5 - 11 yrs)

PeriChild Ballet

Ballet III (9 - 11 yrs)

In Ballet III students complete barre, center and traveling movements in an hour technique class. The class begins with a review of prior Ballet technique and then progresses into the Ballet III vocabulary and material. Students begin to work with one hand at the barre and perform more challenging movements in the center. Focus is on proper Ballet technique, strength, flexibility and body alignment. Additional attention is given to musicality, movement quality and anatomically correct work. A major goal of this level is the mastery of working in turn out in all of the basic positions of the feet and competency of all positions of the arms.

It is required that students should have at least 2 years Ballet experience before enrolling in this level or have completed Ballet II or II / III with a teacher recommendation for current student placement.

Tues 5:30 pm – 6:30 pm

Wed 5:00 pm – 6:00 pm

Ballet III / IV (9 - 12 yrs)

In Ballet III / IV students complete barre, center and traveling movements in an hour technique class. The class incorporates prior vocabulary and movement into more complex and challenging combinations. Students must have a mastery of basic Ballet vocabulary and technique to enroll in this class. Focus is on proper Ballet technique, strength, flexibility and body alignment. Additional attention is given to musicality, movement quality and anatomically correct work. A major goal of this level is the refinement and specificity of Ballet technique and movement execution.

It is required that students should have at least 3 years Ballet experience before enrolling in this level or have completed Ballet II / III or III with a teacher recommendation for current student placement.

Sat 9:00 am – 10:00 am

PERICHILD PROGRAM (5 – 11 yrs)

PeriChild Hip Hop

Pre Hip Hop (6 – 8 yrs)

This class introduces Street Dance styles such as Hip Hop and other styles like Popping, Locking and Breakdancing. In a fun and engaging way The class will help build confidence and performance presentation in the students along with giving them some opportunities to create and explore their own unique and natural style. A main focus is the ability to listen to the music and move the beat!

Thurs 4:00 pm – 4:45 pm

Hip Hop I (7 – 9 yrs)

These classes offer a variety of Hip Hop styles like Popping, Locking and Breakdancing. The class will help build confidence and performance presentation in the students along with giving them some opportunities to create and explore their own unique and natural style. This class will emphasize moving on the beat and then move on towards understanding the rhythms and styles that make up Hip Hop street dance.

Fri 5:00 pm – 6:00 pm

Hip Hop I / II (7 – 10 yrs)

These classes offer a variety of Hip Hop styles like Popping, Locking and Breakdancing. The class will help build confidence and performance presentation in the students along with giving them some opportunities to create and explore their own unique and natural style. This class will begin with a review of Hip Hop I principles and then increase in difficulty to include more complex vocabulary and rhythm patterns to prepare for upper levels.

Sat 12:00 pm – 1:00 pm

Hip Hop II / III (8 – 11 yrs)

These classes offer a variety of Hip Hop styles like Popping, Locking and Breakdancing. The class will help build confidence and performance presentation in the students along with giving them some opportunities to create and explore their own unique and natural style. Students will continue to build upon their prior technique and dance experience and increase their level of skill and technique with more challenging movement sequences.

It is required that students should have 1-2 years dance experience.

Mon 5:15 pm – 6:15 pm

Fri 4:00 pm – 5:00 pm

Hip Hop IV (10 – 12 yrs)

These classes offer a variety of Hip Hop styles like Popping, Locking and Breakdancing. The class will help build confidence and performance presentation in the students along with giving them some opportunities to create and explore their own unique and natural style. The class begins start with an explanation of the styles in street dance and what Hip Hop dance has borrowed from each of those styles to make the style it has become. Students also begin to investigate what it means to be able to freestyle.

It is required that students should have 2-3 years dance experience.

This is the required company technique class for iReP Junior, a student Hip Hop crew - please email the school for more information.

Mon 4:00 pm – 5:15 pm

Breakdancing II / III (9 – 13 yrs)

This class introduces the elements of Breakdancing in a fun and engaging class. Students will learn footwork and floor work while developing their own sense of style and movement! A great addition for any Hip Hop student.

It is required that students should have 1-2 years Breakdancing experience.

Fri 4:15 pm – 5:30 pm

PERICHILD PROGRAM (5 – 11 yrs)

PeriChild Jazz

Jazz / Tap Combo (6 – 8 yrs)

Students learn Jazz & Tap dance vocabulary in a fun and engaging environment. The class is divided into 30 minute segments which gives students an introduction of two complimentary dance styles to prepare for Level I classes the following year.

In the Tap segment, students will learn basic Tap vocabulary, focusing specifically on rhythm and weight transfer. Students will further these specific skills in the Jazz segment of class by exploring more complex traveling movements and other body isolations, including the exciting challenge of jumps, turns and floorwork. Through both techniques, students will explore musicality and syncopation and be challenged to broaden their own coordination and creativity through the study of these two closely related and uniquely American styles of dance.

Sat 12:15 pm – 1:15 pm

Jazz I (7 – 9 yrs)

Students learn traditional Jazz vocabulary in a fun and engaging class. Through learning combinations and choreography, including jumps, turns and various energetic leaps, students explore various musicality and syncopation skills.

It is recommended that students should have previous dance experience.

Wed 5:00 pm – 6:00 pm

Jazz II / III (8 – 11 yrs)

Students learn traditional Jazz vocabulary in a fun and engaging class. Through learning combinations and choreography, including jumps, turns and various energetic leaps, students explore various musicality and syncopation skills.

It is required that students should have 1-2 years Ballet or Jazz experience.

Mon 4:00 pm – 5:00 pm

Jazz IV (10 – 12 yrs)

Students learn traditional Jazz vocabulary in a fun and engaging class. Through learning combinations and choreography, including jumps, turns and various energetic leaps, students explore various musicality and syncopation skills.

It is required that students should have 2-3 years Jazz experience.

Mon 5:00 pm – 6:00 pm

PERICHILD PROGRAM (5 - 11 yrs)

PeriChild Modern

Modern II / III (8 - 11 yrs)

Classes integrate various traditional disciplines of modern dance foundations such as Graham, Horton, and Limon with current contemporary styles. These classes are for dancers who like physical complicated floor work, patterns of movement and self-expression. Elements of improvisation are also introduced.

It is recommended that students should have 1-2 years dance experience.

Tues 4:00 pm - 5:00 pm

Sat 10:00 am - 11:00 am

PERICHILD PROGRAM (5 – 11 yrs)

PeriChild Tap

Jazz / Tap Combo (6 – 8 yrs)

Students learn Jazz & Tap dance vocabulary in a fun and engaging environment. The class is divided into 30 minute segments which gives students an introduction of two complimentary dance styles to prepare for Level I classes the following year.

In the Tap segment, students will learn basic Tap vocabulary, focusing specifically on rhythm and weight transfer. Students will further these specific skills in the Jazz segment of class by exploring more complex traveling movements and other body isolations, including the exciting challenge of jumps, turns and floorwork. Through both techniques, students will explore musicality and syncopation and be challenged to broaden their own coordination and creativity through the study of these two closely related and uniquely American styles of dance.

Sat 12:15 pm – 1:15 pm

Tap I (7 – 9 yrs)

Class focuses on traditional Broadway-style Tap fundamentals alongside new, contemporary Rhythm-Tap styles. This great combination of percussive footwork and stylized upper body movement enhance students overall stage presence.

Previous introductory Tap experience is recommended.

Thurs 3:45 pm – 4:45 pm

Tap II / III (8 – 11 yrs)

Class focuses on traditional Broadway-style Tap fundamentals alongside new, contemporary Rhythm-Tap styles. This great combination of percussive footwork and stylized upper body movement enhance students overall stage presence.

It is required that students should have 1-2 years Tap experience.

Mon 5:00 pm – 6:00 pm

Tap IV (10 – 12 yrs)

Class focuses on traditional Broadway-style Tap fundamentals alongside new, contemporary Rhythm-Tap styles. This great combination of percussive footwork and stylized upper body movement enhance students overall stage presence.

It is required that students should have 2-3 years Tap experience.

This is an option for a required company technique class for SynKopate Junior, a student Tap company - please email the school for more information.

Mon 4:00 pm – 5:00 pm

PERITEEN PROGRAM (11 – 17 yrs)

PeriTeen Ballet

Advanced Beginner Pre Teen Ballet (11 – 13 yrs)

This class is targeted for students with 3-4 years prior Ballet training. Students will work on barre, center allegro & adagio and traveling movements in class. The class incorporates prior vocabulary and movement into more complex and challenging combinations. Students must have a mastery of basic Ballet vocabulary and technique to enroll in this class. Focus is on proper Ballet technique, strength, flexibility and body alignment. Additional attention is given to musicality, movement quality and anatomically correct work. A major goal of this level is the refinement and specificity of Ballet technique and movement execution.

It is recommended that students should have 3-4 years Ballet experience or have completed Ballet III/IV or IV with teacher recommendation.

Tues 5:00 pm – 6:15 pm

Advanced Beginner Teen Ballet (13+ yrs)

This class is targeted for students with prior Ballet training. Students will work on barre, center allegro & adagio and traveling movements in class. The class incorporates prior vocabulary and movement into more complex and challenging combinations. Students must have a mastery of basic Ballet vocabulary and technique to enroll in this class. Focus is on proper Ballet technique, strength, flexibility and body alignment. Additional attention is given to musicality, movement quality and anatomically correct work. A major goal of this level is the refinement and specificity of Ballet technique and movement execution.

It is recommended that students should have 2-3 years Ballet experience or teacher recommendation. This is the recommended supplemental technique class for students in the Intermediate Teen Ballet class.

Sat 10:00 am – 11:00 am

Intermediate Teen Ballet (13+ yrs)

This class is targeted for students with 4+ years of Ballet training. Students will work on challenging barre, center allegro & adagio and traveling movements in class. The class incorporates prior vocabulary and movement into more complex and challenging combinations. Students must have a mastery of Ballet vocabulary and technique to enroll in this class. Focus is on proper Ballet technique, strength, flexibility and body alignment. Additional attention is given to musicality, movement quality and anatomically correct work. A major goal of this level is the combination of more complex movements into choreographed exercises and class material.

It is recommended that students training at this level take technique class twice a week and also enroll in the Advanced Beginner Teen Class. It is recommended that students should have 3-4 years Ballet experience or teacher recommendation.

Tue 6:15 pm – 7:30 pm

PERITEEN PROGRAM (11 – 17 yrs)

PeriTeen Hip Hop

Advanced Beginner Teen Hip Hop (13+ yrs)

These classes offer a variety of Hip Hop styles like Popping, Locking and Breakdancing. The class will help build confidence and performance presentation in the students along with giving them some opportunities to create and explore their own unique and natural style.

It is recommended that students should have previous dance experience.

Thurs 4:45 pm – 6:00 pm

Intermediate Pre Teen Hip Hop (11 – 13 yrs)

These classes offer a variety of Hip Hop styles like Popping, Locking and Breakdancing. The class will help build confidence and performance presentation in the students along with giving them some opportunities to create and explore their own unique and natural style.

It is required that students should have 2-3 years Hip Hop or dance experience.

Sat 1:00 pm – 2:00 pm

Intermediate Teen Hip Hop (13+ yrs)

These classes offer a variety of Hip Hop styles like Popping, Locking and Breakdancing. The class will help build confidence and performance presentation in the students along with giving them some opportunities to create and explore their own unique and natural style.

It is required that students should have 3-4 years Hip Hop or dance experience.

This is the required company technique class for iReP Senior, a student Hip Hop crew - please email the school for more information.

Mon 6:15 pm – 7:30 pm

PERITEEN PROGRAM (11 – 17 yrs)

PeriTeen Jazz

Advanced Beginner Pre Teen Jazz (11 – 13 yrs)

Students learn traditional Jazz vocabulary in a fun and engaging class. Through learning combinations and choreography, including jumps, turns and various energetic leaps, students explore various musicality and syncopation skills.

It is recommended that students should have previous Ballet or dance experience.

Wed 3:45 pm – 4:45 pm

Advanced Beginner Teen Jazz (13+ yrs)

Students learn traditional Jazz vocabulary in a fun and engaging class. Through learning combinations and choreography, including jumps, turns and various energetic leaps, students explore various musicality and syncopation skills.

It is recommended that students should have previous Ballet or dance experience.

Sat 11:45 am – 12:45 pm

Intermediate Pre Teen Jazz (11 – 13 yrs)

Students learn traditional Jazz vocabulary in a fun and engaging class. Through learning combinations and choreography, including jumps, turns and various energetic leaps, students explore various musicality and syncopation skills.

It is required that students should have 2-3 years Ballet or dance experience.

Thurs 4:45 pm – 6:00 pm

Advanced Intermediate Teen Jazz (13+ yrs)

Students learn traditional Jazz vocabulary in a fun and engaging class. Through learning combinations and choreography, including jumps, turns and various energetic leaps, students explore various musicality and syncopation skills.

It is required that students should have 4-5 years Ballet or dance experience.

Wed 4:45 pm – 6:00 pm

PERITEEN PROGRAM (11 – 17 yrs)

PeriTeen Modern

Advanced Beginner Pre Teen Modern (11 – 13yrs)

Classes integrate various traditional disciplines of modern dance foundations such as Graham, Horton, and Limón with current contemporary styles. These classes are for dancers who like physical complicated floor work, patterns of movement and self-expression. Elements of improvisation are also introduced.

It is recommended that students should have previous Ballet or dance experience.

Sat 9:00 am – 10:00 am

Intermediate Pre Teen Modern (11 – 13 yrs)

Classes integrate various traditional disciplines of modern dance foundations such as Graham, Horton, and Limón with current contemporary styles. These classes are for dancers who like physical complicated floor work, patterns of movement and self-expression. Elements of improvisation are also introduced.

It is required that students should have 2-3 years Ballet or dance experience.

Tues 4:00 pm – 5:00 pm

Advanced Intermediate Teen Modern (13+ yrs)

Classes integrate various traditional disciplines of modern dance foundations such as Graham, Horton, and Limón with current contemporary styles. These classes are for dancers who like physical complicated floor work, patterns of movement and self-expression. Elements of improvisation are also introduced.

It is required that students should have 3-4 years Ballet or dance experience.

Tues 5:00 pm – 6:15 pm

PERITEEN PROGRAM (11 – 17 yrs)

PeriTeen Tap

Beginner Pre Teen Tap (11 – 13 yrs)

Beginner Tap is a class for students who are at least 11 years old and have no recent prior Tap experience but are interested in Tap! This introductory class introduces traditional Rhythm-Tap fundamentals alongside Broadway style vocabulary. This challenging combination of percussive footwork and stylized upper body movement enhance students overall stage presence.

Students who have taken Advanced Beginner Teen Tap are able to join after the first month of classes at the instructor's discretion, please contact the School Coordinator for more information.

Mon 6:00 pm – 7:00 pm

Intermediate Pre Teen Tap (11 – 13 yrs)

Class focuses on traditional Broadway-style Tap fundamentals alongside new, contemporary Rhythm-Tap styles. This great combination of percussive footwork and stylized upper body movement enhance students overall stage presence.

It is required that students should have 2-3 years Tap experience.

This is an option for a required company technique class for SynKopate Junior, a student Tap company - please email the school for more information.

Thurs 5:15 pm – 6:15 pm

Intermediate Teen Tap (13+ yrs)

Class focuses on traditional Broadway-style Tap fundamentals alongside new, contemporary Rhythm-Tap styles. This great combination of percussive footwork and stylized upper body movement enhance students overall stage presence.

It is required that students should have 3-4 years Tap experience.

Wed 6:00 pm – 7:15 pm

Advanced Intermediate Teen Tap (13+ yrs)

Class focuses on traditional Broadway-style Tap fundamentals alongside new, contemporary Rhythm-Tap styles. This great combination of percussive footwork and stylized upper body movement enhance students overall stage presence.

It is required that students should have 4-5 years Tap experience.

This is the required company technique class for SynKopate, a student Tap company - please email the school for more information.

Thurs 6:15 pm – 7:30 pm